Rafferty's Garden Allergen Table - 4+ to 6+ months

A = ABSENT M = MAY CONTAIN P = PRESENT

	FISH	SHELL FISH	DAIRY	EGG	WHEAT	GLUTEN	CEREALS/ RICE	TREE NUTS	PEANUTS	LUPINS	SOY	SULPHITES	CAFFEINE	ROYAL JELLY	BEE PROPOLIS	ALLIUM SPECIES	CELERY SEED	SESAME SEED	SEEDS OTHER	YEAST	ADDED COLOUR	HERBS	SPICES	POLYOLS
Smooth 4 Months +																								
Apple Pear and Cinnamon	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	P	A
Sweet Potato Carrot and Apple	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Blueberry, Banana and Apple	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Banana Pear and Mango	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Pumpkin, Apple & Sweet Corn	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Spinach, Apple, Broccoli & Pea	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Pear Apricot	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Pear and Superberries	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Apple, Banana & Peach	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Just Veggies Smooth 4 months +																								
Carrot, Potato, Swede	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Spinach, Sweet Corn, Sweet Potato, Carrot	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Parsnip, Carrot, Butternut Squash	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Smooth Wet Cereal 4 months+																								
Baby Brekkie Rice Cereal	A	A	P	A	A	A	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Cereal 4 Months +																								
Organic Baby Rice	A	A	A	A	A	A	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Cereal 6 Months +																								
Multigrain Breakfast Banana Apricot	A	A	A	A	A	P	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Organic Baby's Banana Porridge	A	A	A	A	A	P	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Puree 6 Months +																								
Tuna, Vegetable and Rice Puree	P	A	A	A	A	A	P	A	A	A	A	A	A	A	A	P	A	A	A	A	A	P	A	A
Apricot Chicken Puree	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	P	A	A	A	A	A	P	A	A
Hearty Beef and Veggie Puree	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	P	A	A	A	A	A	P	A	A
Bangers and Mash & Veggie Puree	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	P	A	A	A	A	A	P	A	A
Creamy Chicken and Veggie Puree	A	A	P	A	A	A	A	A	A	A	A	A	A	A	A	P	A	A	A	A	A	P	A	A
Custard 6 months +																								
Banana Chocolate Custard	A	A	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Chocolate Custard	A	A	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Strawberries and Cream Custard	A	A	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	P	A	A	A
Vanilla Custard	A	A	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	P	A	A	A
Smoothy 6 Months +																								
Apple & Raspberry with Yoghurt	A	A	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Banana & Mango with Yoghurt	A	A	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Banana & Blueberry with Yoghurt	A	A	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A

Rafferty's Garden Allergen Table - 8+ to 12+ months

A = ABSENT M = MAY CONTAIN P = PRESENT

	FISH	SHELL FISH	DAIRY	EGG	WHEAT	GLUTEN	CEREALS/ RICE	TREE NUTS	PEANUTS	LUPINS	SOY	SULPHITES	CAFFEINE	ROYAL JELLY	BEE PROPOLIS	ALLIUM SPECIES	CELERY SEED	SESAME SEED	SEEDS OTHER	YEAST	ADDED COLOUR	HERBS	SPICES	POLYOLS
Mashed 8 Months+																								
Vegetable Risotto	A	A	P	A	A	A	P	A	A	A	A	A	A	A	A	P	A	A	A	P	A	P	A	A
Beef with Vegetables and Basmati Rice	A	A	A	A	A	A	P	A	A	A	A	A	A	A	A	P	A	A	A	P	A	P	P	A
Macaroni, Cheese and Veggies	A	A	P	A	P	P	P	A	A	A	A	A	A	A	A	P	A	A	A	P	A	P	P	A
Lumpy 10 Months+																								
Chicken, Basil & Tomato Pasta	A	A	A	A	P	P	P	A	A	A	A	A	A	A	A	P	A	A	A	A	A	P	P	A
Baby's Bolognese with Macaroni	A	A	A	A	P	P	P	A	A	A	A	A	A	A	A	P	A	A	A	A	A	P	A	A
Sweet Potato & Lamb Casserole	A	A	A	A	A	A	P	A	A	A	A	A	A	A	A	P	A	A	A	A	A	P	A	A
Rissoni Pasta & Garden Vegetables	A	A	A	A	P	P	P	A	A	A	A	A	A	A	A	P	A	A	A	A	A	P	A	A
Italian Lasagne	A	A	P	A	P	P	P	A	A	A	A	A	A	A	A	P	A	A	A	P	A	P	A	A
Shepherds Pie	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	P	A	A	A	P	A	P	A	A
Tuna with Garden Vegetables	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	P	A	A	A	P	A	P	P	A
Beef Casserole	A	A	A	A	A	A	P	A	A	A	A	A	A	A	A	P	A	A	A	A	A	P	P	A
Flavors of the World 12 months +																								
Moroccan Lamb	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	P	A	A	A	P	A	P	P	A
Teriyaki Chicken, Vegetables and rice	A	A	A	A	P	P	P	A	A	A	P	A	A	A	A	P	A	A	A	P	A	A	P	A
Mild Butter Chicken	A	A	P	A	A	A	A	A	A	A	A	A	A	A	A	P	A	A	A	P	A	P	P	A
Rusks 6 months +																								
Banana Milk	A	A	P	A	P	P	P	A	A	A	A	A	A	A	A	A	A	A	A	P	A	A	A	A
Lactose Free Apple & Barley Malt	A	A	M	A	P	P	P	A	A	A	A	A	A	A	A	A	A	A	A	P	A	A	A	A
Fruit Snack Bars 12 months +																								
Fruit Snack Bar with Apple	A	A	P	M	P	P	P	M	M	A	P	M	A	A	A	A	A	M	A	A	A	A	A	A
Fruit Snack Bar with Banana	A	A	P	M	P	P	P	M	M	A	P	M	A	A	A	A	A	M	A	A	A	A	A	A
Fruit Snack Bar with Blueberry, Banana & Apple	A	A	P	M	P	P	P	M	M	A	P	M	A	A	A	A	A	M	A	A	A	A	A	A
Fruit & Veg Snack Bar with Pear & Pumpkin	A	A	P	M	P	P	P	M	M	A	P	M	A	A	A	A	A	M	A	A	A	A	A	A
Toddlers Yoghurt Buttons 1-3 years																								
Yoghurt Buttons Mixed Berry	A	A	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Yoghurt Buttons Strawberry	A	A	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Fruit & Veggie Oaty Bars 12 months +																								
Sweet Potato, Pomegranate & Mixed Berry	A	A	A	A	P	P	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Sweet Corn, Pumpkin and Cranberry	A	A	A	A	P	P	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A